



Shrewsbury Masters New Year Gala 2005

(Under A.S.A. Laws and technical rules)

Shrewsbury Amateur Swimming Club
Affiliated to ASA MD & Shropshire ASA
In conjunction with Shrewsbury Leisure
Held under ASA Law & Technical Rules

Saturday 8th January 2005

**Quarry Swimming & Fitness Centre, Priory Road, Shrewsbury
SY1 1RU**

6 Lane Pool

Electronic Timing

6 Lane Display Board

Evening Social Event:

Presentation of awards

Buffet

Live Ceilidh Band

**Shrewsbury Masters Welcome Swimmers of
All Abilities**

- Please complete the entry form in full and return by 30/11/2004
- Please indicate which events that you would like to enter on the attached form
- Please enclose a stamped, self-addressed A5 envelope
- Please make cheques payable to: Shrewsbury & Atcham Borough Council

Fees: £7.50 per person regardless of the number of individual events entered
Relay entries £2 per event

CLOSING DATE: 30th November 2004



Shrewsbury Masters New Year Gala 2005

(Under A.S.A. Laws and technical rules)

Promoter's Conditions:

1. The promoter of the Shrewsbury Masters New Year Gala is Shrewsbury Leisure.
2. The event will be called "Shrewsbury Masters New Year Gala".
3. The closing date for entries is 30th November 2004.
4. All competitors must have completed the entry form in full. The promoter reserves the right to refuse entry.
5. Events are seeded on submitted times.
6. All events are on a first come first served basis.
7. A swimmer may compete for one club only.
8. The competition will be swum as a cardless event, therefore swimmers are asked to notify the organisers by 3rd January 2005 if they intend not to compete on the day.
9. Confirmation of entry will be sent to swimmers with details of events and times entered.
10. Swimmers may only enter **one distance** for each stroke. In the freestyle event swimmers may compete in the 400m plus one more distance.
11. Warm up starts 1 hour before the commencement of each session.
12. Points will be awarded for each event – 1st – 5 points, 2nd – 3 points, 3rd – 2 points, other finishers 1 point.
13. An award will be made to the woman and man achieving the most points in each age group.
14. There will be a trophy awarded to the top **VISITING** club (to be held for 12 months) achieving the most points. Double points will be awarded for relays.
15. Ages will be as at 31st December 2005.
16. Age Groups will be X 19-24, A 25-29, B 30-34, C 35-39, D 40-44, E 45-49, F 50-54, G 55-59, H 60-64, I 65-69, J 70-74, K 75-79, L 80-84, M 85-89, N 90-94 years.
17. Relays will be held in 3 age groups calculated on the combined ages of the 4 swimmers 120-159 years, 160-199 years, 200+ years.
18. Anything not covered in these conditions will be at the discretion of the promoter.

All entries to be returned to:

**Masters Entry, Quarry Swimming & Fitness Centre,
Priory Road, Shrewsbury SY1 1RU
Tel: 01743 236 583**

Shrewsbury Masters New Year Gala 2005

(Under A.S.A. Laws and technical rules)

Name _____ DOB _____ Male/Female _____
 Age Group _____ Club _____
 Address _____
 Post Code _____ ASA No (if applicable) _____
 Telephone _____ e-mail _____

I certify that the above details are correct and that I will abide by the promoter's conditions. I intend swimming entirely at my own risk.

Signed: _____ **Date:** _____

Session 1 – 8:30am warm-up, 9:30am start

No	Gender	Distance	Event	Entry Time
1.	Male	400m	Freestyle	
2.	Female	4x25m	Individual Medley	
3.	Male	25m	Butterfly	
4.	Female	25m	Backstroke	
5.	Male	50m	Butterfly	
6.	Female	50m	Backstroke	
7.	Male	100m	Butterfly	
8.	Female	100m	Backstroke	
9.	Male	4x50m	Medley Relay	
10.	Female	25m	Freestyle	
11.	Male	25m	Breaststroke	
12.	Female	50m	Freestyle	
13.	Male	50m	Breaststroke	
14.	Female	100m	Freestyle	
15.	Male	100m	Breaststroke	
16.	Female	4x50m	Medley Relay	

Session 2 – start 1 hour after completion of Session 1

17.	Female	400m	Freestyle	
18.	Male	4x25m	Individual Medley	
19.	Female	25m	Butterfly	
20.	Male	25m	Backstroke	
21.	Female	50m	Butterfly	
22.	Male	50m	Backstroke	
23.	Female	100m	Butterfly	
24.	Male	100m	Backstroke	
25.	Female	4x50m	Freestyle Relay	
26.	-	-	-	
27.	Male	25m	Freestyle	
28.	Female	25m	Breaststroke	
29.	Male	50m	Freestyle	
30.	Female	50m	Breaststroke	
31.	Male	100m	Freestyle	
32.	Female	100m	Breaststroke	
33.	Male	4x50m	Freestyle Relay	
34.	Mixed	8x25m	Freestyle Relay	

Refreshments: Food and drinks will be available for purchase on the premises throughout the day.

Presentation & Social: A presentation of awards will be held at the Morris Hall, Shrewsbury. Tickets are available for the evening event to include food and live ceilidh band at a cost of £7.50. Please tick box above if you wish to attend and enclose payment with entry fee.

Attending Presentation & Social (please tick if attending)

Shrewsbury Masters New Year Gala 2005

(Under A.S.A. Laws and technical rules)

RELAY TEAM ENTRY FORM

CLUB.....

4x50m Medley Relay	Ages	MEN		WOMEN	
	200+	Event 9i		Event 16i	
	160-199	Event 9ii		Event 16ii	
	120-159	Event 9iii		Event 16iii	

4x50m Freestyle Relay	Ages	MEN		WOMEN	
	200+	Event 32i		Event 25i	
	160-199	Event 32ii		Event 25ii	
	120-159	Event 32iii		Event 25iii	

8x25m Freestyle Mixed Cannon	
---------------------------------	--

Mixed cannon freestyle relay will comprise one man and one woman from each of the following age groups 19-29, 30-39, 40-49 and 50+.

Please tick the events you wish to enter. If more than one team is entered in one event use A, B, C etc. The entry fee for each team is £2.00.

Contact Name: _____

Address: _____

Tel: _____

CLOSING DATE: 30th November 2004